

Tony Thinking Aloud xi

Headlines in the local paper today – There is a shortage of Marmite! This will be a catastrophe for many but of no consequence to others!

So to reflect... there are things in life which we cannot do anything about. We have no control over the weather, be it a brilliant hot day or pouring with rain. We experience it all together!

None of us will have experienced anything like the present Covid-19 crisis – but ‘We are all in it together’!

It has brought a supportive attitude to most people, willingness to relate and think about people we hardly or did not know.

It is more than appropriate that this is Carers Week. An opportunity to think about all who directly support others, especially in isolation. The time to focus on those who voluntarily care for family and friends. This year we naturally add the care of the NHS and Care Homes. We rightly think of those in supermarkets, petrol stations, postmen, public transport and others who have been there for us.

So together in the anxiety, sorrow and uncertainty we must look forward in hope, as it has been seen right to open up aspects of our daily lives. We can now call in at M & S and Primark!

You may join me in finding this verse from Isaiah (Chapter 40 verse 31) worth thinking about – *‘They that wait on the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; and they walk and not faint’*.

One of my favourite cathedrals is Saint Davids in South West Wales. I want to share with you some words of Saint David – ‘Be joyful’ be positive, forward looking, ‘Keep the faith’, ‘Do the little things’ which will make all the difference.

My God bless us all.