## Tony Thinking Aloud cxli

We must get the Spring Cleaning done! I guess everyone has heard those words - but how significant are they? Were they a kind of take way expression or something more meaningful?

Spring cleaning was very important in one of my grandparents' homes, I do not really know why? We all spent every day in a fair sized kitchen, but the living room was still cleaned every day. Like so many houses especially at the time I am thinking about - it was immaculate, it was never used - you might take the Vicar in there, and perhaps the Doctor!

I can still remember years ago when that was still the case, as the Vicar, being shown into the front room – I remember it was absolutely freezing, it was never used!

What do we know about Spring Cleaning?

- 1) The practice of thoroughly cleaning of the house in the spring. A good start to the year.
- 2) For the Chinese something more thoughtful. A chance to clear away not only the physical clutter but also cleaning the mind of any regrets and mistakes.
- 3) 3000 years ago Persian culture called it khane-tekani (shaking the house) it is thought it would prevent ill failure in the upcoming year.
- 4) Some find it the Jewish custom of preparing the House for Passover.

These are just some random thoughts and observances for the activity. It seemed simply appropriate because British Spring Cleaning 2023 – Awareness Days are nearly on us. They run from 17<sup>th</sup> March to 2<sup>nd</sup> April . Last year 449,406 or nearly half a million bags of rubbish were collected! Join in, choose a pledge as an individual or a family. Clean up for the Coronation. From the campaign ...litter picking is a great way to raise awareness of the issues of waste and to encourage folks to think about excess packaging before they buy, to encourage them to reuse it and recycle it, and not to drop it on the ground.

So, something different to get your thoughts on this week, but as with other Musings it still reflects our care and relationships with others.